


# TATLER

A full-length portrait of Genevieve Gaunt, the cover star of the magazine. She is wearing a strapless, floor-length gown with a dense, intricate pattern of black, gold, and white. The pattern appears to be a mix of floral and abstract motifs. She has dark hair styled in waves and is wearing a thin gold headband. She is looking directly at the camera with a neutral expression. The background is a plain, light-colored wall.

OCTOBER £4.30

**THE  
ULTIMATE  
BEAUTY  
SECRET**  
AND IT DOESN'T  
COST A THING

**KETAMINE**  
THE REAL STORY

**GOSSIP**

**GENEVIEVE GAUNT ON HER  
ROLE IN THE MOST CONTROVERSIAL  
FILM OF THE YEAR**

**RAPPER TO  
THE ROYALS**

TINIE TEMPAH ON HOW  
TO GET AHEAD IN SOCIETY

**AMBASSADOR,  
YOU'RE REALLY  
SPOILING US!**

How London fell in love with  
Matthew and Brooke Barzun

**IS IT IN?**  
AND OTHER VIBE KILLERS

**DO YOU  
HAVE TOO  
MANY  
FRIENDS?**

DEFT AND DEFINITIVE  
CULLING STRATEGIES



# CAPE TOWN



## Your HOLIDAY READING is...

### ...LONG WALK TO FREEDOM

**STAY IN: CAPE VIEW CLIFTON**

We challenge you to find a hotel with a better view. Clinging to the mountain high above Clifton Beach, Cape View looks directly onto the peaks of the Twelve Apostles, with a boulder-strewn beach below. There's the loveliest terrace with plunge pool, where you'll want to decamp with a book for a MONTH (which is how long it will take you to read Madiba's tome). And the rooms! White and dove-grey, vast beds, big balconies (that view...). Mitch, the cool GM, lets you treat the place like your own. [capeviewclifton.co.za](http://capeviewclifton.co.za)

LONG WALK TO FREEDOM



ABOVE:  
MOUNT  
NELSON  
HOTEL

### ...THE MAN IN THE BROWN SUIT

**STAY IN: BELMOND MOUNT NELSON HOTEL**

Pink as a sunburnt colonialist, the Nelly is the place to go if you want to stay somewhere ladylike and be addressed as 'madam'. It's old-school traditional, but the chintz is being replaced with a lighter, brighter feel: silver and cream wallpaper, slate-grey velvet armchairs. High tea is all tinkling china and teeny cakes on the lush lawns (avoid at weekends, when you have to fight to get to the scones). [belmond.com/mount-nelson-hotel-cape-town](http://belmond.com/mount-nelson-hotel-cape-town)

THE MAN IN THE BROWN SUIT



### ...SOUTH AFRICAN ART NOW

**STAY IN: ELLERMAN HOUSE**

Art is *everywhere* here: on the walls, dotted about the grounds, crammed into the little gallery. Rooms are sumptuous – deep velvet sofas, marble bathrooms and private terraces with whacking views of the Atlantic, perfect for whipping out sketchpad and charcoal. The newest villa is a hit – modern bedrooms, private chef and wine 'gallery', with 7,500 types and a giant corkscrew installation, filled with bottles. [ellerman.co.za](http://ellerman.co.za)



RIGHT,  
LLANDUDNO  
BAY. LEFT,  
ELLERMAN  
HOUSE



Camps Bay, left.  
Cape View Clifton,  
below, Parang  
restaurant

## Your MUST-PACK BEACH ITEM is...

### ...SAND-PROOF BLANKET

**GO TO: CAMPS BAY**

Pack a picnic, rent an umbrella and set up for the day. It's a summer-camp atmosphere at Camps Bay: lithe youths bounce around playing volleyball; families build sandcastles and munch sandy sandwiches. It's relaxed and low-key, although everyone still seems to look awesome in a swimsuit.

### ...TINY MELISSA ODABASH BIKINI

**GO TO: CLIFTON**

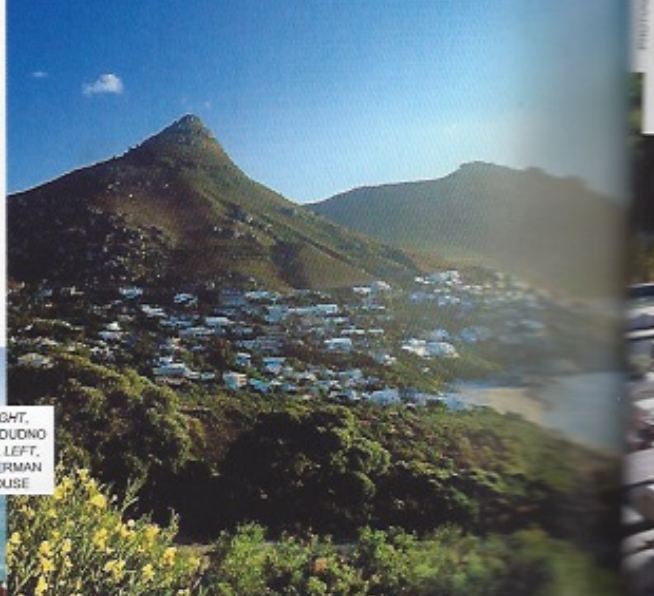
A gorgeous series of bone-white crescents of sand, dotted with giant grey boulders and washed by scarily cold, turquoise water. This is where the beautiful people come to tan (they are very tanned), swim (they are very fit) and share bottles of mineral water (they are very thin). Damn them.



### ...SEX WAX

**GO TO: LLANDUDNO**

The wild one. No shops, no bars (no loos) – just groups of buff young surfers throwing themselves into the freezing waves, lounging around on the baking sand and generally showing off.





## Your IDEAL LUNCHTIME VIEW is...

### ...THE BEACH

#### EAT AT: PARANGA, CAMPS BAY

Nab a table at this airy seafood joint right on the seafront, where Capetonians lounge on banquettes, nodding their heads to music. The seafood platter is just that: huge, groaning with grilled calamari, prawns the size of poodles and glorious West Coast crayfish that will leave you swearing you'll never eat anything else ever again. The service is charming too.

### ...TABLE MOUNTAIN

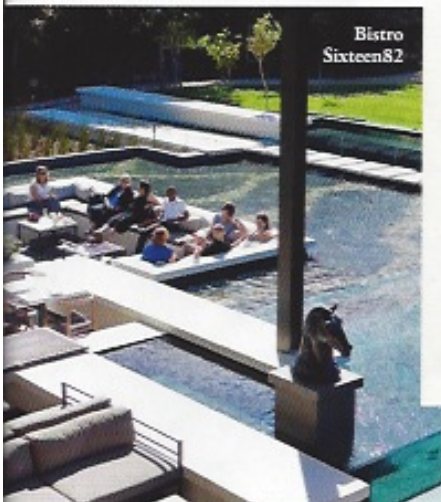
#### EAT AT: MONDIALI, V&A WATERFRONT

This new venture by Peter Tempelhoff (local celebrity and Relais & Chateaux Grand Chef) is the first posh restaurant at the Waterfront in yonks, so we're excited. Opt for a table on the left terrace for stonking mountain views, and then tuck into brasserie staples – the wagyu burger with truffle fries and Umami ketchup is deliciously moreish. Look out for the Zeitz Museum of Contemporary Art Africa, due to open in 2016 in an old grain silo, with a stunning penthouse hotel up top.

### ...VINEYARDS

#### EAT AT: BISTRO SIXTEEN82, CONSTANTIA

This chic little number on the Steenberg wine estate is a modern, California-gorgeous bistro, with groovy driftwood installations and a sexy terrace with shimmering pools. Lunch might include golf-ball-sized spicy fishcakes, or slivers of smoked trout with a herby salad, followed by fat West Coast mussels cooked in Steenberg's sauvignon blanc, or a luminous summer pea and mint risotto. Take your time so you can sniff out the fabulous wines – the 2011 Magna Carta is mouthwatering.



Bistro Sixteen82



Robben Island

## You're FEELING...

### ...INSPIRED

#### VISIT: ROBBERN ISLAND

You've heard all about Robben Island, where Nelson Mandela spent 27 years of his life. But nothing prepares you for the reality of it: the bleak isolation, the flat, featureless landscape, the tiny cells, the heartbreaking view back towards Cape Town. Its story is told by the guides – all former inmates. Soul-stirring.

### ...ENERGETIC

#### VISIT: TABLE MOUNTAIN

Zip up to the roof of the city in a spinning cable car, then hop out and get your bearings. Wander over the rocky top, look out over the city and glittering ocean, and say hello to the dassies, or rock hyraxes – sweet, guinea-pig-like creatures leaping about. If you're feeling *really* energetic, you can hike back down, but with a guide only, please – Africa Travel can get you one.

### ...LAZY

#### VISIT: KIRSTENBOSCH NATIONAL BOTANICAL GARDEN

Grab a picnic from the Tea Room and kick back on the lush lawns. There are few more glorious spots for a languid lunch – killer views of the mountains, rolling, rollicking vegetation and, in the more secluded pockets, only the odd guinea fowl or clawless otter for company. Bliss. ▷

### 24 HOURS IN FRANSCHHOEK

Feeling frisky? Opt for a va-va-rrrrroom tour on the back of a chauffeured Harley-Davidson through Africa Travel (see next page). A more sedate option is a stroll around the insane car collection at L'Ormarins wine estate. Then pop over to Babylonstoren, a fabulous farm with rooms and divine lunch at Babel. Next, hook up with effervescent Jacquie Spiers from the Kusasa Project (thekusasaoproject.org) and do the worthy (and very rewarding) thing by helping out at a local school. Then it's to your perfect room in La Residence (laridence.co.za), filled with antiques and art from around the globe. Sundowners on the lawns are followed by a hugely enjoyable supper at the chef's table, with the fiercely knowledgeable Evan plying you with different wine pairings.



Babel restaurant. Left: one of L'Ormarins' vintage cars



ABOVE: ROBBERN ISLAND. BELOW: THE CABLE CAR UP TO TABLE MOUNTAIN



Kirstenbosch National Botanical Garden





ABOVE, TAPAS AT LA PARADA. BELOW, RUMBULLION AT THE ROUNDHOUSE

## You're HUNGRY for...

...SOMETHING WEIRD & WONDERFUL

**DINNER AT: THE TEST KITCHEN, WOODSTOCK**

Luke Dale-Roberts, South Africa's very own Heston, shows off his most jaw-dropping skills at this former warehouse. His five-course menu will knock your sandals off. Sesame and aubergine purée and goat's-cheese mousse get things going. Then there's delicate scallops, sensational pork belly with herby apples, citrusy fried kingklip with potato and cucumber salad. The wines? South African, and proudly so – the Sequillo white had me grinning like a Cheshire cat. The hottest ticket in town – book months in advance. [thetestkitchen.co.za](http://thetestkitchen.co.za)

...WINE!

**DINNER AT: RUMBULLION AT THE ROUNDHOUSE**

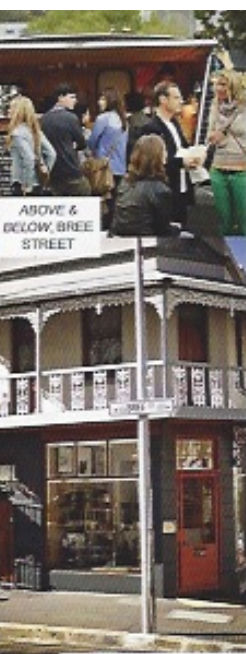
Arrive around 5pm and bag a table on the highest lawn here – our favourite sundowner spot in the city. Order a glass of Methode Cap Classique (the delicious local fizz) and put together a posh picnic – feta-stuffed peppadews, truffled cream cheese, cajun chicken pizza or a not at all tapas-sized Caesar salad. Eat, drink and join in the rumbullion. And here's a clever idea: pay R25 (£1.35) and they'll bring a little bag of toys for the kids, so you can indulge in (relative) peace. [theroundhouserestaurant.com/rumbullion](http://theroundhouserestaurant.com/rumbullion)

...TAPAS

**DINNER AT: LA PARADA, BREE STREET**

This cool tapas joint is popular with a new breed of wonky-haired Capetonian. Hop onto a bar stool, stare at the retro flamenco posters and shout *¡olé!* to octopus with potatoes, crunchy ham croquettes and calamari with salsa verde. After that, dive into a bowl of cinnamonony rice pudding, which you'll want to order again straight away. *No website: 00 27 21 426 0330*

**BOOK IT** Africa Travel ([africatravel.co.uk](http://africatravel.co.uk)) offers two nights at the Cape View Clifton and two nights at La Residence from £1,995 a person, including breakfast, hire car and flights with British Airways.



## You're HOMESICK for...

...WEST LONDON

**SHOP ON: LONG & BREE STREETS**

Start on Long Street, home to Merchants on Long – owned by local cool kid Hanneli Rupert. Her two-storey emporium is full of curated goodies from around Africa, like Malawian tie-dye shirts and colourful Bantu swim shorts, as well as her own Okapi handbags, *below right*. Next, it's to Bree Street in the CBD, where Avooza sells ostrich-eggshell bowls and jewellery from the Karoo region (sounds hippyish; looks incredibly smart); a few doors up is SAM (South Africa Markets), a converted warehouse stocking handmade leather bags and statement T-shirts. In January, Cape Cobra opens opposite – a temple to exotic (ostrich, croc et al), ethical leather goods. Up Bree you go, to the retro prints at Skinny laMinx, and to Missibaba, with its joyous leather bags printed with banana trees and disco-colourful belts. Collapse with a craft beer in &Union, or something stronger in the Orphanage Cocktail Emporium (it's on the corner of Orphan Street, not staffed by orphans).

...EAST LONDON

**SHOP IN: WOODSTOCK**

Remember the old Shoreditch? Gritty, grotty, a bit scary? That's what Woodstock used to be like. Used to. Because, much like Shoreditch, it has been transformed into the absolute coolest part of town. Centre of the fun is Albert Road, filled with groovy interiors shops and home to the Old Biscuit Mill, where you'll find dozens of little boutiques. Come on Saturday, when the Neighbourgoods Market takes over: two massive courtyards crammed with fabulous food and crafts stalls. Lounge at the shared tables, listen to live music or stroll around the shops: Imiso, for contemporary ceramics; brilliant local wines at Wine @ the Mill; Abode, for quirky souvenirs and accessories. Get cuffed up with the best cappuccino of your life at Espresso Lab. Finally, when the crowds are thinning out, hit the Pot Luck Club for sharing plates – crispy pig tails, fish tacos and a zingy blood-orange and gin sorbet. If you're here in 2015, bed down in the super-cool new Stack hotel ([thestack.co.za](http://thestack.co.za)) – a former Victorian warehouse. ▷

